

Depression/Anxiety Wellness Protocol (Item #7407)

A Healthy and Effective Wellness Management Protocol for Depression and Anxiety

Products included in this Wellness Protocol are:

1. Gotu Kola #3013 – Soothes the nervous system while supplying much needed nutrients.
2. InflammEX #6247 – Emotional imbalances are often times complicated, caused or accompanied by some kind of physical inflammation.
3. Quint-Essence #6111 – Whole Food Meal Enhancement Supplement
4. Tracite #2031 – 77 Essential Elemental Fulvic Trace Minerals

Product Overview

Gotu Kola – Great herb for anxious or depressed individuals. It soothes the nervous system while supplying much needed nutrients. It is a herb native to India, China, Africa and South Pacific region. Traditionally used as a tonic for energy and enhanced mental clarity. It aids in the elimination of excess fluids, decreases fatigue and depression, increases sex drive, shrinks tissues, and stimulates the central nervous system. May neutralize blood acids and lower body temperature, and is good for heart and liver function.

InflammEX – The emotional imbalance in anxiety and depression is often times complicated, caused or accompanied by some kind of physical inflammation, the herbal combination in InflammEX will help temper the irritation.

Quint-Essence is a complete, unique blend of the highest quality and potency “plant-derived” ingredients found together as a food supplement. This product is based on Universal Formulas’ eight essential and premier products:

- **Food Enzymes** aid digestion and increase nutritional value at a cellular level.
- **Pro-biotics**, or, “good bacteria,” enable a health balance in the gastro-intestinal tract.
- **Macro-Minerals** provide the building blocks for healthy bones, muscles, tendons and teeth.
- **77 Trace Minerals** provide the electrical charge needed by each cell to thrive.
- **Vitamins** are chemical structures needed for the body to process nutrients.
- **Extra Natural Vitamin C** naturally supports the body’s immune response.
- **Extra Natural Vitamin E**, one of nature’s most potent anti-oxidants.
- **Our Blend of 44 Greens** provides a “whole food” element and a vegetable exchange.

A new standard, this blend is extremely effective at providing a daily nutritional foundation that is a simplified, consistent and balanced supplementation. Quint-Essence is also vegetarian compliant.

Advantages of Quint-Essence:

- ✓ Clearer Skin
- ✓ Increased Energy
- ✓ Sharper Senses
- ✓ Better Digestion
- ✓ Enhanced Immune Response

Tracite is a combination of 77 trace minerals and elements that are necessary for a healthy and vibrant life. Ninety-five percent of the human body’s functions require minerals and trace elements. Tracite is an iron based, plant-derived, trace mineral composition rich in chromium, vanadium and selenium. It is also rich in macro-minerals, trace minerals, trace elements and especially fulvic acid.

What can Tracite Fulvic Minerals do for you?

Tracite abounds with health benefits. Some of these benefits include:

- Increases stamina and endurance
- Boosts immune response and feeds the Immune System
- Naturally detoxifies the human body
- Hormonal balance
- Balances the body's pH
- Increased perceptual clarity and well-being
- Increased ability of cells to absorb nutrients
- Beautification of skin, hair and nails

Dosage Recommendations:

Gotu Kola: 2 vegi-capsules with each meal

InflamEX: As directed on label

Quint-Essence: 1 vegi-capsule for every 60 - 75 pounds of body weight at meals

Tracite: 5 drops in 2 to 8 ounces of water or sparkling water

(To make it even more palatable, squeeze a wedge of lemon or lime into the water)

**Please DO NOT modify levels of any prescribed medication
without first consulting your physician.**

Ordering Information:

Gotu Kola (Item #3013) 100 Vegi-Capsules

InflamEX (Item #6247) 300 Vegi-Capsules

Quint-Essence (Item #6111) 300 Vegi-Capsules

Tracite Liquid (Item #2031) 2 oz.

Depression/Anxiety Protocol Bundle, Item #7407

Conveniently Order On-line at: <http://UniversalFormulas.com>

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment.