



## **Cysts Wellness Protocol (Item #7355)**

A Healthy and Effective Wellness Management Protocol for Cysts

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### **Products included in this Wellness Protocol are:**

- ① Vitamin C #5056 – Balanced Complex with 500 mg Bioflavonoids
- ① Lymph-Flo #4006 – Herbs that cleanse and rejuvenate the lymph system.
- ① Chem-TX #4001 - Purges fire, detoxifies, and dries excess moisture from the system.
- ① EB-Digestive #1005 – An enhanced superior digestive aid complex.

### **Protocol Overview**

A cyst is a closed, saclike structure that contains fluid, gas, or semisolid material and is not a normal part of the tissue where it is located. Cysts are common and can occur anywhere in the body in people of any age. Cysts vary in size; they may be detectable only under a microscope or they can grow so large that they displace normal organs and tissues.

The majority of cysts are benign, but some may produce symptoms due to their size and/or location. Rarely, cysts can be associated with malignant tumors (cancers) or serious infections. If you're concerned about any abnormal swelling or lump, talk to your doctor. He or she can recommend appropriate diagnostic tests to determine whether a cyst is present and the cause of the cyst.

This Wellness Protocol brings together the traditional herbs and minerals of our individual formulations to replenish vitality and increase nutritional value at a cellular level through a simplified, consistent and balanced supplementation program.

- **Vitamin C** - Also known as ascorbic acid, helps to heal wounds, prevent cell damage, promote healthy gums and teeth, and strengthen the immune system. It also helps the body absorb iron. Vitamin C may also be associated with delayed aging and disease prevention by destroying 'free radicals' – the molecules associated with aging and cell damage. This is an important nutrient for boosting immune activity. If the immune system is working efficiently, it can destroy abnormal cells, which is important to prevent abnormal cysts.
- **Chem-TX** – Is a unique formula that aids the body in the elimination of toxins, especially those of petrochemical origin. It is also helpful in the treatment of diseases, including; asthma, arthritis, gastritis, dysentery, tumors, skin ailments, many types of infection, urinary tract inflammation, female hormonal imbalances and blood purifier.
  1. Aloe Leaf - Aloe, with its numerous species throughout the world, has a colorful history as a medicinal plant being used by traditional herbalists as well as allopathic physicians. The most common use of Aloe, familiar to most of us, is as a treatment for burns, skin injuries and insect bites. It has a reputation of being able to draw out infection from injuries to the skin and muscle. Other traditional uses include; increasing menstrual flow, laxative or strong cathartic (an agent that helps to empty the bowels). Aloe aids the body's natural defenses in mobilizing and eliminating poisonous compounds and elements. Recent

studies on with aloe validate the use of this herb as an anti-oxidant and gentle body cleanser.

2. Cats Claw - In Peru, Cats Claw has a long traditional history as a treatment for a host of diseases, including; asthma, arthritis, gastritis, dysentery, tumors, skin ailments, many types of infection, urinary tract inflammation, female hormonal imbalances and blood purifier. Studies show that this herb has the ability to reduce DNA damage in the cells which is of particular interest to those who suffer from cancer.
  3. Coptis Chinensis - In Chinese herbal medicine, Coptis has been used for centuries to eliminate heat-dominated illnesses like abdominal fullness, emaciation, fire-caused diarrhea, abdominal cramps, hematemesis, epistaxis, "red" eyes, canker sores, skin sores, scabies and as a general blood purifier. In Western countries, Coptis' main use has been as a wash or gargle for sores and ulcerations of the mouth, throat, and stomach.
  4. Red Clover, Wild Clover - According to many traditional herbalists, Red Clover is one of the best remedies for eczema, psoriasis, various skin rashes, coughs, bronchitis, skin sores and as a tonic to the liver and gallbladder. It has a long history in Europe as a cancer treatment and preventative. Externally, Red Clover may be used as a fomentation for rheumatic and gouty pains. Red Clover alterative properties make it an excellent blood cleanser combining well with other herbs to target particular organs or systems, and because it is mild, it makes an excellent nutritional supplement for children. Red Clover has shown definite antibiotic and alterative properties in the laboratory. Antibiotic tests on the herb show it to possess activity against several bacteria, the pathogen that causes tuberculosis being the most significant. Red Clover has also shown some estrogenic activity in the course of routine laboratory testing; this effect is probably due to the presence of the plant-estrogen coumestrol.
  5. Kudzu Root - In China, Kudzu is used both as a food and medicine. It is prescribed for colds, influenza, dysentery, snake and insect bites, croton oil poisoning and various drug and alcohol poisons. Externally, it has been used for the treatment of dog bites. Chinese herbalists have written that skin rashes have also been treated successfully with Kudzu. The skin is a primary organ of elimination just as the liver or kidney's. Kudzu's main function here is to keep the skin eliminating toxins at the proper rate. Remember that every eliminative organ must move 2 pounds of waste daily for optimum health. The skin must evaporate at least 2 pounds of water daily ... Kudzu insures that the skin has the support to do so.
  6. Japanese Raisin Tree (Hovenia) - The Chinese attribute remarkable anti-vinous properties to this herb. It is said that after ingestion of large quantities of alcohol the herb will prevent any intoxicant or poisonous action. Hovenia has also been used as a laxative and for temporary relief of spasms. Restlessness, fevers, infantile convulsions and various poisonings have also been treated with this herb. The following is a copy of a summary abstract validating the ability of this herb to detoxify alcohol from the system.
- **Lymph Flo** - Formulated for the lymph system, aiding the body in clearing excess heat. It contains herbs traditionally used for cleansing and rejuvenating the lymph system. A healthy lymph system will ensure a cleaner

bloodstream and a strong immune response in times of infection and other disease. Contains: Cleaver's Herb, Marigold Flower, Pau D'Arco, Red Raspberry Leaf, White Peony, Basil Leaf, Wild Lettuce Herb, and Tracite.

1. Cleavers Herb - Has been used externally for breast lumps, swollen glands, ulcerations, abscesses, wounds, skin irritations and minor injuries, psoriasis and all skin conditions in general. Has been used to reduce lymphatic congestion in the skin and breasts. Has been used for edema, urinary tract infections, cystitis, urinary stones, insomnia, high blood pressure, enlarged lymph nodes (due to any condition), glandular fevers, scarlet fever, measles, upper respiratory infections, asthma, mumps, myalgic encephalomyelitis, hepatitis, jaundice, tonsillitis, adenoid problems, obesity, scurvy, spasms, eczema, psoriasis, cystitis, breast cysts and tumors (benign). Has also been used for urinary problems (cystitis and gravel), for bedwetting, and as a cooling drink for fevers.
2. Marigold flowers have antiseptic and astringent properties provided by the volatile oils, tannins and a yellow resin called calendulin. They stimulate the immune system and enhance the body's fight against infection. Research has shown marigold to be effective in controlling flu and herpes viruses, to reduce lymphatic congestion and infections, and swollen lymph glands. It is antibacterial; it can check amoebal infections and worms in the bowel and is one of the best plants for treating fungal infections such as thrush. It has been used for pelvic and bowel infections, including enteritis and dysentery and for viral hepatitis. Marigold has an affinity for the female reproductive system. It regulates menstruation, reduces tension in the uterine muscles and relieves menstrual cramps. It has an oestrogenic effect which helps relieve menopausal symptoms and reduces breast congestion which causes tenderness and mastitis. Its astringent properties help reduce excessive bleeding and uterine congestion. Marigold has a reputation for treating cysts of the female reproductive system, such as fibroids and ovarian cysts, as well as cysts in the breast and digestive tract. During child-birth it promotes contractions and delivery of the placenta. For this reason it should not be used during pregnancy.
3. Pau D'Arco - Pau d'arco is promoted as a cure for dozens of illnesses and medical conditions, including arthritis, ulcers, diabetes, and cancer. Proponents also claim that, when taken internally, pau d'arco relieves infections, reduces inflammation, promotes digestion, strengthens the immune system, flushes toxins from the body, and protects against cardiovascular disease and high blood pressure. Proponents also use it to treat lupus, osteomyelitis, Parkinson's disease, psoriasis, and to relieve pain. Some use the boiled bark externally as a poultice or use the strained liquid as a wash to treat skin inflammations, fungal infections, hemorrhoids, eczema, and wounds.
4. Red Raspberry Leaf (*Rubus idaeus*) - tones the uterus, and decreases constipation. This herbal is good to use for those who have had previous miscarriages, and problems with cysts. Red raspberry leaf tea reduces menstrual bleeding, relaxes uterine and intestinal spasms, and strengthens uterine walls. It also promotes healthy nails, bones, teeth, and skin. It is good for diarrhea and for female disorders such as morning sickness, hot flashes, and menstrual cramps. It is also rich in

vitamins and minerals including vitamin C, calcium, magnesium and iron.

5. White Peony - has been used for millennia to support health during all phases of a woman's life. It is particularly useful for: Menstruation: premenstrual symptoms, menstrual pain, irregular cycles, lack of menstruation, not enough or too much bleeding, headaches. Cysts and growths: breast cysts, some fibroid tumors, some ovarian cysts, endometriosis.

- **EB-Digestive** – A highly concentrated version of the Flora-Zymes formula. Besides Acidophilus and Bifidus, we have added the pro-biotics: Bromelain and Papain. Furthermore, it is our highest potency available. This provides an enhanced superior digestive aid complex. Designed for individuals with severe cases of poor digestion, excessive gas, other bowel ailments, and for general health improvement. This product will assist in restoring a functioning digestive tract, in order to maintain optimal health.

Note: Additional information for the above products is included in the subsequent datasheets.

### ***Dosage Recommendations:***

**Vitamin C:** 2 vegi-capsules at bedtime

**Lymph-Flo:** 2 vegi-capsules every 8 hours for 3 days in a row

**Chem-TX:** 2 vegi-capsules twice daily

**EB-Digestive:** 1 vegi-capsule with each meal

*Please DO NOT modify levels of any prescribed medication*

**without first consulting your physician.**

### **Ordering Information:**

**Vitamin C** (Item # 5056) priced at only: \$17.00 for 100 Vegi-Tablets

**Lymph-Flo** (Item # 4006) priced at only: \$19.00 for 100 Vegi-Capsules

**Chem-TX** (Item #4001) priced at only: \$19.00 for 100 Vegi-Capsules

**EB-Digestive** (Item # 1005) priced at only: \$38.00 for 90 Vegi-Capsules

**Total Price for this Wellness Protocol Bundle, Item #7355\ is \$93.00**

Conveniently Order On-line at: [www.UniversalFormulas.com](http://www.UniversalFormulas.com)

### **Required FDA Statement:**

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.