



## **ALS (Lou Gehrig's Disease) Protocol(Item #7191)**

A Healthy and Effective Wellness Management Protocol for ALS

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### **Products included in this Wellness Protocol are:**

- ① Brilliance (#4017) – A combination of herbs for mental clarity
- ① InflammEX (#6247) – To assist in inflammation reduction
- ① Tracite (#2031) – A Fulvic Acid complex to assist in nutrient absorption
- ① Quint-Essence (#6111) – To provide nutrient support

### **Protocol Overview**

Amyotrophic lateral sclerosis (abbreviated ALS, also referred to as Lou Gehrig's disease) is a form of motor neuron disease. ALS is a progressive, fatal, neurodegenerative disease caused by the degeneration of motor neurons, the nerve cells in the central nervous system that control voluntary muscle movement. The condition is often called Lou Gehrig's disease in North America, after the famous New York Yankees baseball player who was diagnosed with the disease in 1939.

This Wellness Protocol brings together the traditional herbs and minerals of our individual formulations to replenish vitality and increase nutritional value at a cellular level through a simplified, consistent and balanced supplementation program.

#### ***Brilliance –***

1. Ginkgo Biloba Leaf- Chinese herbalists have used this herb for centuries to balance the Kidney and Lung meridians. Positive effects on brain function including improved memory, mental stamina and cognition.
2. Meadowsweet or Queen of the Meadow- the mild antiseptic action of this herb combats general infection and has diuretic properties, which help eliminate toxic wastes and uric acid from the system. The presence of salicylic acid (the active ingredient in aspirin) explains Meadowsweet's action in reducing fever, headache and relieving the pain of arthritis in muscles and joints
3. *Tracite® Mineral Complex*-a Fulvic acid complex to assist in nutrient absorption
4. Fo-Ti Root- Tones the liver & kidney, nourishes the blood and skin and increases blood circulation to the brain; an herb to slow the aging process and increase mental and physical potential.
5. Gotu Kola- calms the nervous system and invigorates the brain. It has an extensive history as a longevity tonic improving cognition, memory, energy, and neural health.

#### ***InflammEX -***

1. Licorice Root – supplies molecules easily converted to cortical hormones by the adrenal glands. This allows the adrenals to produce sufficient hormones to ease the symptoms of inflammation. All forms of inflammation are affected by the health of the adrenal glands.
2. Meadowsweet – The presence of aspirin-like chemicals explains Meadowsweet's action in reducing fever and relieving pain or inflammation especially the pain and inflammation of rheumatism in muscles and joints.

3. Cat's Claw – immune-boosting and anti-inflammatory properties, antiviral and cancer-fighting potential as well. Relief from pain during daily activities.
4. Boswellia - Major constituents: boswellic acids (pentacyclic triterpenic acids) and essential oils to alleviate symptoms of chronic rheumatic inflammation.
5. Scutellaria or Scullcap - The GLA in borage may help ease related cramping and pain. GLA and other essential fatty acids also revitalize the skin by quieting inflammation and causing blood vessels to contract.
6. Turmeric – exhibits anti-inflammatory effects equivalent to some NSAIDs in acute models of inflammation and half as potent in chronic inflammation.
7. Honeysuckle Flowers - It is found in many traditional cleansing and detoxifying blends for its ability to clear heat, wind and toxins from the blood and liver.
8. Feverfew– contains compounds that have exhibited definite anti-inflammatory properties.
9. Coptis Chinensis – the anti-inflammatory property of coptis makes it especially effective with heat conditions associated with nervousness, anxiety, and insomnia. It is also very effective for infections, fevers, conjunctivitis, inflammation, abscesses, and hemorrhage.
10. Protease Enzymes – added to InflammEX for its ability to breakdown food proteins that are in the blood in their undigested form. Proteins from animal sources are especially acid forming in the system. Protease aids in the reduction of the acids produced by excessive animal food intake.
11. Lipase Enzymes - added to InflammEX for its ability to breakdown food lipids in the blood. Lipase soothes the tissues by maintaining proper liver function and maintaining a healthy fat metabolism. The right fats like GLA can display excellent healing properties where inflammation is concerned.
12. Bromelain – reduces pain and inflammation associated with arthritis, trauma, or sports injury. Prevents and reduces edema by inhibiting formation of fibrin within damaged tissue, allowing lymph fluids to pass with less obstruction. Recent studies show Bromelain has been shown to block synthesis of kinin compounds that increase edema and pain associated with inflammation.
13. Quercetin – One of the most active flavonoid compounds studied. Quercetin inhibits the manufacture and release of histamine from mast cells and basophiles. It exhibits significant antioxidant activity, neutralizing free radical moieties, which can exacerbate inflammation.
14. Tracite – is a proprietary blend of fulvic trace minerals and when properly blended with enzymes produce a “super” delivery system of other nutrients.

**Quint-Essence** - is a complete, unique blend of the highest quality and potency “plant-derived” ingredients found together as a food supplement. This product is based on Universal Formulas’ eight essential and premier products:

1. Food Enzymes aid digestion and increase nutritional value at cellular level.
2. Pro-biotics, or, “good bacteria,” enable a health balance in the gastrointestinal tract.
3. Macro-Minerals provide the building blocks for healthy bones, muscles, tendons and teeth.
4. 77 Trace Minerals provide the electrical charge needed by each cell to thrive.
5. Extra Natural Vitamin C naturally supports the body’s immune response.

6. Extra Natural Vitamin E, one of nature's most potent anti-oxidants.
7. Our Blend of 44 Greens provides a "whole food" element and vegetable exchange.

**Tracite** - is a combination of 77 trace minerals and elements that are necessary for a healthy and vibrant life. Ninety-five percent of the human body's functions require minerals and trace elements. Tracite is an iron based, plant-derived, trace mineral composition rich in chromium, vanadium and selenium. It is also rich in macro-minerals, trace minerals, trace elements and especially fulvic acid.

Note: Additional information for the above products is included in the subsequent datasheets.

### **Dosage Recommendations:**

**Quint-Essence:** 1 vegi-capsule for every 60-75 pounds of body weight at meals

**Tracite:** 5 drops in 2 to 8 ounces of water or sparkling water

*(To make it even more palatable, squeeze a wedge of lemon or lime into the water)*

**InflamEX:** As directed on label

**Brilliance:** 2 vegi-capsules, 3 times a day

*Please DO NOT modify levels of any prescribed medication*

**without first consulting your physician.**

### **Ordering Information:**

**Quint-Essence** (Item #6111) 300 Vegi-Capsules

**Tracite Liquid** (Item #2031) 2 oz.

**InflamEX** (Item #6247) 300 Vegi-Capsules

**Brilliance** (Item #4017) 100 Vegi-Capsules

### **ALS Protocol Bundle, Item #7191**

**Total Price for this Wellness Protocol Bundle, # 7191 is \$187.00**

Conveniently Order On-line at: [www.UniversalFormulas.com](http://www.UniversalFormulas.com)

### **Required FDA Statement:**

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.