

Leukemia Nutritional Support Protocol (Item #7328)

A protocol to LIVE with

**This Protocol will last 6 months, given the seriousness of this challenge,
we suggest doing this regimen for at least 12 months**

There are five basic types of Cancer. These include Sarcoma, Carcinoma, Melanoma, Lymphoma, and Leukemia

The protocol that follows is nutritional support designed for people diagnosed with Melanoma. If you are undergoing chemotherapy, surgery, radiation, or have elected not to seek the conventional medical treatment it is our intention to support your choice with nutrition support developed by Ralf Ostertag a Bio-Nutritionist/Herbalist who has thirty-five years experience in the Healthcare field. Understand that this does NOT replace conventional medical treatment. Sound nutrition should be part of any treatment program medical or otherwise, especially cancer patients. By supporting your nutritional needs thereby supplying your cells with the minerals, vitamins, enzymes, trace minerals, and elements you increase your chances of survival while easing the side effects of chemotherapy, radiation, drug therapy, and/or surgery.

What is Leukemia?

Leukemia is cancer of the blood cells. It starts in the bone marrow, the soft tissue inside most bones. Bone marrow is where blood cells are made. When you have leukemia, the bone marrow starts to make a lot of abnormal white blood cells, called leukemia cells. They don't do the work of normal white blood cells, they grow faster than normal cells, and they don't stop growing when they should. Over time leukemia cells can crowd out the normal blood cells. This can lead to serious problems such as anemia, bleeding, and infections. Leukemia cells can also spread to the lymph nodes or other organs and cause swelling or pain.

There are several different types of leukemia. In general, leukemia is grouped by how fast it gets worse and what kind of white blood cell it affects.

-It may be **acute** or **chronic**. Acute leukemia gets worse very fast and may make you feel sick right away. Chronic leukemia gets worse slowly and may not cause symptoms for years.

-It may be **lymphocytic** or **myelogenous**. Lymphocytic (or lymphoblastic) leukemia affects white blood cells called lymphocytes. Myelogenous leukemia affects white blood cells called myelocytes.

We suggest that you consider a consultation with a Bio-Nutritional practitioner. Although the protocol that follows can be of great benefit there are often circumstances associated with Leukemia that are unique to the individual. The stage of cancer progression, the type of leukemia (acute or chronic and lymphocytic or myelogenous), and medical treatment being implemented may require fine-tuning your nutritional support. It is for this reason that we highly recommend you consider an individualized consultation and guidance with a bio-nutritionist/herbalist. However, you will experience considerable benefits by following this basic Leukemia Nutritional Support Protocol listed below, should you choose not to consult with someone.

Food Guidance for Leukemia

It is important to limit the amount of protein because protein is the main food for cell division. Proteins should be limited to plant sources only. All meat and dairy sources of protein must be eliminated. This is important for all types of cancer. Meat most often contains hormones (injected and naturally occurring) that speed undesired cell division. Fish is allowed for leukemia patients. No more than every other day.

All forms of concentrated (simple) sugars must be eliminated. All simple sugars such as white sugar, sucrose, dextrose, evaporated cane juice, corn syrup, and high fructose corn syrup MUST be avoided. White sugar usually plays a role in the development of Leukemia cancers. It is POISON for Leukemia patients especially children! Simple sugars severely acidify the body fluids and will choke healthy aerobic cells while feeding unhealthy anaerobic cancer cells. Use of a small amount of honey, molasses, brown rice syrup, or natural maple syrup is allowable.

Starches that are void of nutrients must be eliminated. These include but are not limited to white flour products, potato chips, pizza, baked goods, and white spaghetti. Stimulants such as coffee, black teas, soda of any kind including sugar free must be avoided.

REMEMBER! You are eating foods to save your life NOT for entertainment.

Alcohol (due to its glucose conversion) must be dispensed with immediately. Alcohol is a cancer causing substance. Get rid of it if you choose to get well.

If you smoke cigarettes, chew tobacco, smoke cigars, tobacco pipe, or marijuana CEASE IMMEDIATELY; if you seriously want to get well.

Healing Foods

Fresh fruits and vegetables, cooked vegetables, brown rice, barley, oats, adzuki beans, black beans, pinto beans are all healing foods. Use olive oil in salads instead of dressing. Try to stick with the foods from the staple and side dish columns of the dietary suggestions chart.

Juicing vegetables and fruits made fresh from a juicer is vital for those suffering from cancer. These juices supply vital enzymes and other nutrients benefiting your health on a cellular level. The success of this protocol depends a great deal on adding the following juices daily to your diet. It is our suggestion that you invest in an ACME 6001 model stainless steel juicer (available on the internet).

Juice #1 Six carrots, three stalks of celery, half a head of romaine lettuce. Drink this juice daily. Twelve ounces first thing in the morning is ideal.

Juice #2 One apple, four stalks of celery, four carrots, a thumb size piece of fresh ginger root, and a few handful's of fresh spinach. Drink this in the afternoon on Mondays, Wednesdays, and Fridays.

Juice #3 Half a head romaine lettuce, half a bag of fresh spinach, one stalk of broccoli, and two carrots. Drink this on Tuesdays, Thursdays, and Saturdays.

Juice#4 Half a head of blue or green cabbage, one apple, half a head of romaine lettuce. Drink this in the afternoon on Sundays.

You can switch these juices around at your discretion. Use juice #4 on M-W-F and switch juice#2 to Sunday as an example.

NOTE: DO NOT store juices. Drink them fresh from the juicer. Seventy-five percent of all nutrients will oxidize within ten to twenty minutes. Drink your juice immediately after juicing it.

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Exercise

Do deep breathing and jogging on a mini tramp if possible. This will insure rapid delivery of nutrients into the cells.

Mind Set

Your mental and emotional attitude has a lot to do with how your body responds to treatment. Using visualization techniques seeing the tumors dissolving from your efforts will enhance your results. Find a quiet place that you can do this for at least twenty minutes a day. Healing meditation telling the tumors to dissolve away and replacing them with healthy vibrant cells.

WARNING! Under no circumstances should you undertake massage therapy when you have skin cancer. Manipulation can metastasize the cancer cells to other areas of the body.

Water

Drink only Reverse Osmosis or Distilled water. Four glasses of eight ounces each daily should be sufficient as long as you follow the dietary recommendations.

Dosage Recommendations:

Daily:

-Liquid Chlorophyll: (available at most health food stores) *Take at least 4 Tablespoons daily. You can place this in distilled water and drink it.*

With each Meal (based on 3 meals per day):

- EB-Digestive: *Take 1 capsule with meals.*
- Quint Essence: *Take 2 capsules with meals.*
- Innergy: *Take 3 capsules with meals.*

With Breakfast:

- Vitamin E 400IU: *Take 1 gel-capsule with breakfast.*
- Tracite Fulvic Trace Minerals: *Take 5 Drops at breakfast in water with a wedge of lemon squeezed in before adding the Tracite.*

With Lunch:

- Vitamin C with bioflavonoids: *Take 2 tablets at lunch*

With Dinner:

- Vitamin E 400IU: *Take 1 gel-capsule with dinner.*
- Tracite Fulvic Trace Minerals: *Take 5 Drops at dinner in water with a wedge of lemon squeezed in before adding the Tracite.*

After Each Meal:

- Essiac: *Take 4 capsules one hour after each meal.*

Before Bed:

- EB-Digestive: *Take 2 capsules before bed*
- Vitamin C with bioflavonoids: *Take 2 tablets before bed.*

Every other day:

- Vitamin D3 5000IU: *Vitamin D3 is very important for repairing damaged skin tissue. Take 1 capsule every other day.*
- Vitamin A 25,000IU: *Take 1 capsule every other day.*

**Please DO NOT modify levels of any prescribed medication
without first consulting your physician.**

Ordering Information: Leukemia Nutritional Health Support Protocol (Item #7331)

Conveniently Order On-line at: <http://UniversalFormulas.com>

NOTE: Thank you to Bionutritionist and Herbalist, Ralf Ostertag for his input into the authorship of this factoid and formula. Ralf was a founding member of Universal Formulas and remains active on the Advisory Board to Universal Formulas.

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment.

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Leukemia Nutritional Health Support Protocol (Item # 7331)

Ingredients Explained

EB-Digestive: Taking high potency plant derived enzymes into the blood stream helps digest the protein and fat coatings surrounding most cancer cells. This process allows entry of nutrients and oxygen into the diseased cells. When oxygen and nutrition are supplied, the cell increases its ability to remove toxins from deep within its structure. **Take one capsule with three meals per day.**

Quint Essence: This formula insures that the body is supplied with ample amounts of macro minerals, vitamins, enzymes and trace minerals. Patients taking chemotherapy or radiation will benefit from supplying a wide variety of nutrients to the cells. **Take two capsules with three meals per day.**

Essiac: Herbs in this formulation aid in the detoxification of all cells and body fluids. It also increases the movement of toxins out of the internal organs. **Take four capsules one hour after each meal.**

Vitamin C with bioflavonoids: Vitamin C is essential to cells for maintaining proper function and restoring their integrity. **Take two tablets at lunch and bedtime, a total of 2,000 mg per day.**

Vitamin E: Vitamin E is essential for repairing tissue damage and creating healthy hormones. Leukemia requires extra vitamin E due to its damaging effects on soft tissue and bone.

Take one capsule with breakfast and dinner, a total of 800 IU.

Tracite Fulvic Trace Minerals: Fulvic acids are known for their ability to carry sixty times their own weight in nutrients into the cells. These organic trace elements increase the electrical potential of the cells. They increase cell permeability allowing for greater absorption of oxygen and trace minerals into the cell structure. **Take five drops daily in water with a wedge of lemon squeezed in before adding the Tracite.**

Vitamin A: Vitamin A will boost the body's ability to ward off viruses. Leukemia patients have a compromised immune response and are more susceptible to virus and bacterial infections. **Take one capsule every other day, a total of 25,000 IU.**

Vitamin D3: Recent research indicates that our need for this vitamin is far greater than the 400 IU RDA suggests. This vitamin aids the system in warding off infection and preventing diseases associated with chemical toxins. **Take one capsule every other day, with food, a total of 5,000 IU.**

Liquid Chlorophyll: (available at most health food stores) Do not use the dry variety, it is virtually useless for leukemia. Chlorophyll aids the body in building healthy blood cells very quickly but you must consume generous quantities to make this a reality. **Take at least four Tablespoons daily. You can place this in distilled water and drink it.**

Warning!

Those suffering from Leukemia must avoid herbs that stimulate white blood cell production.