

Bifidophilus (Item #1011)

Natural, Plant-Derived Probiotics

Hours after we are born our bodies need to release old fecal matter in the upper reaches of the colon. Getting mothers breast milk at that time triggers the release of this "In Womb" waste and is the first line of defense against bacteria and viruses. The milk from a mother's breast contains the important bifidus flora. This "friendly" bacteria seeds the infant colon and proliferates itself into part of our immune system and immune response. Many of us (especially those of us born in the 1940's or 1950's) where never breastfed, instead we received the benefits of laboratory conceived "Baby Formulas" rich in chemical vitamins, plenty of sucrose and some whey protein which added to the taxing of our digestive systems... and NO bifidus! Could this be a major contributing factor in the sharp rise of cancer and diabetes patients we are seeing today?

It is vitally important to keep our "good bacteria" at optimum levels, it's one of the most effective ways to boost the immune response and avoid digestive problems. Other factors that contribute to low friendly bacteria are extreme stress, physical injury, acid forming foods such as meat, dairy, processed flour, simple sugar products and antibiotics.

Once antibiotics are introduced to your body the essential "friendly bacteria" can be virtually wiped-out. Your body struggles to maintain the proper pH balance in the gut. We recommend taking Bifidophilus for 30 days after antibiotic treatments. Immune response and colon health are among the most important "Natural" defenses we have against disease. According to Dr. B. Jensen and many other health professionals 90% of all disease starts in the colon.

What are Acidophilus, and Bifidus?

Acidophilus: a strain of probiotic bacteria that promotes intestinal health and protects against potentially harmful organisms.

Bifidus: a strain of probiotic bacteria that is important in immune response. It promotes colon health and pH balance in the colon. Bifidus is found in human breast milk and can help prevent many digestive disorders.

What is the recommended dosage of Bifidophilus?

Most individuals take 1 to 4 Bifidophilus with every meal. Up to 4 vegi-capsules may be taken with meals to aid in digestion. Many individuals also find benefit in taking 3 or 4 capsules at bedtime, which is a good time for the bifidus to balance the pH of the colon. As with any supplement, achieving the best results from Bifidophilus may require a change in lifestyle. Maintaining a healthy diet, exercising the body and mind, limiting alcohol intake, avoiding cigarette smoke and taking supplements are just a few ways to improve overall health.

Ordering Information

Bifidophilus (Item #1011) 100 Vegi-Capsules

Conveniently Order On-line at: <http://UniversalFormulas.com>

<p>Please DO NOT modify levels of any prescribed medication without first consulting your physician.</p>

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these

products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.